

Spring Independent School District Secondary Lunch Menu May 2010



See you in August!

MONDAY	TUESDAY	WEDNESDAY	6	FRIDAY
<p>3</p> <p><u>Entrée - Choose 1</u> Sausage Link Hoagie Chicken Nuggets Chicken Fried Steak "Special of the Day"</p> <p><u>Vegetables-Choose 2</u> Whipped Potatoes w/Gravy Vegetable Specialties Broccoli w/Cheese Sauce Chilled or Fresh Fruit Milk & Hot Roll</p>	<p>4</p> <p><u>Entrée - Choose 1</u> Chili Mac Chicken Nuggets Chicken Fried Steak "Special of the Day"</p> <p><u>Vegetables-Choose 2</u> Whipped Potatoes w/Gravy Vegetable Specialties Seasoned Carrots Fresh Fruit Milk & Hot Roll</p>	<p>5</p> <p><u>Entrée - Choose 1</u> Mini Corn Dogs Chicken Nuggets Chicken Fried Steak "Special of the Day"</p> <p><u>Vegetables-Choose 2</u> Whipped Potatoes w/Gravy Vegetable Specialty Seasoned Corn Fresh Fruit or Peach Cobbler Milk & Hot Roll</p>	<p>6</p> <p><u>Entrée Choose 1</u> Oven Fried Chicken Chicken Nuggets Chicken Fried Steak "Special of the Day"</p> <p><u>Vegetables-Choose 2</u> Plus Mac-N-Cheese Whipped Potatoes w/Gravy Garden Salad Fresh Fruit Milk & Hot Roll</p>	<p>7</p> <p><u>Entrée - Choose 1</u> Egg Roll & Fried Rice Chicken Nuggets Chicken Fried Steak "Special of the Day"</p> <p><u>Vegetables-Choose 2</u> Whipped Potatoes w/Gravy Vegetable Specialty Oriental Vegetables Fresh Fruit Milk & Hot Roll</p>
<p>10</p> <p><u>Entrée Choose 1</u> Oven Fried Chicken Chicken Nuggets Chicken Fried Steak "Special of the Day"</p> <p><u>Vegetables-Choose 2</u> Whipped Potatoes w/Gravy Vegetable Specialty California Veggies Fresh or Chilled Fruit Milk & Hot Roll</p>	<p>11</p> <p><u>Entrée - Choose 1</u> Steak Tips on Rice Chicken Nuggets Chicken Fried Steak "Special of the Day"</p> <p><u>Vegetables-Choose 2</u> Whipped Potatoes w/Gravy Lettuce and Tomato Salad Seasoned Carrots Fresh Fruit Milk & Hot Roll</p>	<p>12</p> <p><u>Entrée - Choose 1</u> Chicken Fingers Chicken Nuggets Chicken Fried Steak "Special of the Day"</p> <p><u>Vegetables-Choose 2</u> Whipped Potatoes w/Gravy Vegetable Specialty Mixed Vegetables Fresh Fruit or Fruit Medley Milk & Hot Roll</p>	<p>13</p> <p><u>Entrée - Choose 1</u> Oven Fried Chicken Chicken Nuggets Chicken Fried Steak "Special of the Day"</p> <p><u>Vegetables-Choose 2</u> Plus Mac-N-Cheese Whipped Potatoes w/Gravy Green Beans Fresh Fruit Milk & Hot Roll</p>	<p>14</p> <p><u>Entrée - Choose 1</u> Catfish Strips Chicken Nuggets Chicken Fried Steak "Special of the Day"</p> <p><u>Vegetables-Choose 2</u> Whipped Potatoes w/Gravy Seasoned Corn Garden Salad Fresh or Chilled Fruit Milk & Hot Roll</p>
<p>17</p> <p><u>Entrée - Choose 1</u> Sausage Link Hoagie Chicken Nuggets Chicken Fried Steak "Special of the Day"</p> <p><u>Vegetables-Choose 2</u> Whipped Potatoes w/Gravy Vegetable Specialty Broccoli & Cauliflower Chilled or Fresh Fruit Milk & Hot Roll</p>	<p>18</p> <p><u>Entrée - Choose 1</u> Chili Mac Chicken Nuggets Chicken Fried Steak "Special of the Day"</p> <p><u>Vegetables-Choose 2</u> Whipped Potatoes w/Gravy Seasoned Carrots Vegetable Specialty Fresh Fruit Milk & Hot Roll</p>	<p>19</p> <p><u>Entrée - Choose 1</u> Beef Fingers Chicken Nuggets Chicken Fried Steak "Special of the Day"</p> <p><u>Vegetables-Choose 2</u> Whipped Potatoes w/Gravy Vegetable Specialty Seasoned Corn Fresh Fruit or Fruit Cobbler Milk & Hot Roll</p>	<p>20</p> <p><u>Entrée - Choose 1</u> Oven Fried Chicken Chicken Nuggets Chicken Fried Steak "Special of the Day"</p> <p><u>Vegetables-Choose 2</u> Plus Mac-N-Cheese Whipped Potatoes w/Gravy Garden Salad Fresh Fruit Milk & Hot Roll</p>	<p>21</p> <p><u>Entrée - Choose 1</u> Egg Roll & Fried Rice Chicken Nuggets Chicken Fried Steak "Special of the Day"</p> <p><u>Vegetables-Choose 2</u> Whipped Potatoes w/Gravy Vegetable Specialty Oriental Vegetables Fresh or Chilled Fruit Milk & Hot Roll</p>
<p>24</p> <p><u>Entrée Choose 1</u> Oven Fried Chicken Chicken Nuggets Chicken Fried Steak "Special of the Day"</p> <p><u>Vegetables-Choose 2</u> Whipped Potatoes w/Gravy Vegetable Specialty Seasoned Carrots Fresh or Chilled Fruit Milk & Hot Roll</p>	<p>25</p> <p><u>Entrée Choose 1</u> Steak Tips on Rice Chicken Nuggets Chicken Fried Steak "Special of the Day"</p> <p><u>Vegetables-Choose 2</u> Whipped Potatoes w/Gravy Lettuce and Tomato Salad Seasoned Carrots Fresh Fruit Milk & Hot Roll</p>	<p>26</p> <p><u>Entrée Choose 1</u> Spicy Tenders Chicken Nuggets Chicken Fried Steak "Special of the Day"</p> <p><u>Vegetables-Choose 2</u> Whipped Potatoes w/Gravy Peas & Carrots Fresh Fruit or Fruit Crisp Milk & Hot Roll</p>	<p>27</p> <p><u>Entrée - Choose 1</u> Oven Fried Chicken Chicken Nuggets Chicken Fried Steak "Special of the Day"</p> <p><u>Vegetables-Choose 2</u> Whipped Potatoes w/Gravy Green Beans Fresh Fruit Milk & Hot Roll</p>	<p>28</p> <p><u>Entrée - Choose 1</u> Catfish Strips Vegetable Specialties Fresh Fruit Milk & Hot Roll</p>
<p>31</p> <p style="text-align: center;">-</p> <p style="text-align: center; color: red; font-weight: bold;">Student Holiday</p>	<p>1</p> <p style="color: red;"><u>Entrée Choose 1</u> Manager's Specials Vegetable Specialties Fresh Fruit Milk</p>	<p>2</p> <p style="color: red;"><u>Entrée Choose 1</u> Manager's Specials Vegetable Specialties Fresh Fruit Milk & Hot Roll</p>	<p>3</p> <p style="color: red;"><u>Entrée Choose 1</u> Manager's Specials Vegetable Specialties Fresh Fruit Milk</p>	

