



Bullying

Please click on the following link to report bullying.

<https://www.k12insight.com/Lets-Talk/DialogueCustom.aspx?k=PY8FX9K8T5LT@WY6F1ZLT@DT5G7BLT>

Every adult plays an important role in addressing bullying and making schools a safer place for children to learn and employees to work. Bullying can take many forms, such as hitting or punching (physical bullying); teasing or name-calling (verbal bullying); intimidation using gestures or social exclusion (nonverbal bullying or emotional bullying); unwanted sexual contact (sexual bullying); and sending insulting messages by e-mail, texting or social media sites (cyber bullying).

Parents

- Talk to your child about bullying.
- Ask your child questions.
- If you believe your child is the victim of bullying, please report it by utilizing the STOP Bullying Button .

Potential Warning signs of bullying are when your child

- Does not want to go to school;
- Dislikes or has lost interest in school work;
- Has few, if any, friends;
- Appears sad, anxious or moody when talking about school;
- Complains of headaches, stomach aches;
- Has unexplained cuts, bruises and/or scratches;
- Appears afraid of going back to school;
- Returns from school with torn, damaged or missing articles of clothing, books or belongings; and/or
- Has trouble sleeping and/or has frequent nightmares.



Character Education

The counselors will teach students character education using the following traits; trustworthiness, respect, responsibility, fairness, caring, and citizenship.

Trustworthiness: A trustworthy person is honest, reliable, loyal, and has integrity.

“The time is always right to do what is right.” ~ Martin Luther King Jr.

Respect: Respect is thinking and acting in a positive way about yourself and others

“Never judge someone by the way he looks or a book by the way it's covered; for inside those tattered pages, there's a lot to be discovered.” ~ Stephen Cosgrove

Responsibility: A responsible scholar is dependable, keeps his word, and shows accountability for his behavior.

“If you mess up, fess up.” ~ Unknown

Fairness: Fairness is making sure everyone is treated with the kindness and respect they deserve.

“I speak to everyone in the same way , whether he is the garbage man or the president of the university.” ~ Albert Einstein

Caring: Caring scholars display kindness and concern for others

“Be kind, for everyone you meet is fighting a hard battle.” ~ Plato

Citizenship: A positive member of the community

“If they don't like you for being yourself, be yourself even more.” ~ Taylor Swift

Suicide Prevention/ Awareness Information



Free and confidential emotional support to people in suicidal crisis is offered 24/7

Link: <http://suicidepreventionlifeline.org>

Phone number: 1-800-273-8255

