Minutes: November 18, 2015

Ms. Kelly Cline, Director of Federal and State Programs called the meeting to order at 4:02 pm and requested that everyone introduce themselves as we had new members and a community guest. Ms. Cline welcomed our news members:
Michael Gutierrez, an 8th grade student from Dueitt MS, and his mother Luisa Castillo, Mary Frost, a parent of a Westfield HS student as well as a member of the medical community and our Community guest, Mr. Max Castillo representing the Texas Hunger Initiative.

Ms. Cline posted the agenda on the screen and informed the group that the agenda would be slightly modified.

Update: Tobacco Use and Penalties
At the last SHAC meeting the topic of Tobacco Use and Penalties was addressed and Ms. Cline informed the council that she would locate where this information was posted on line and addressed. Ms. Cline directed the council to refer to their document entitled “Student/Parent Handbook & Student Code of Conduct”.

The council reviewed and discussed page 29 of the Handbook relating to Tobacco and e-Cigarettes:

Students, parents, and other visitors are prohibited from possessing or using any type of tobacco product, including but not limited to, electronic cigarettes or any other electronic vaporizing device, while on school property at any time or while attending an off campus school-related activity.
The district and its staff strictly enforce prohibitions against the use of all tobacco products, including but not limited to, electronic cigarettes or any other electronic vaporizing device, by students and others on school property and at school-sponsored and school-related activities. [See the Student Code of Conduct and policies at FNCD and GKA.]

Ms. Cline then opened up the discussion about Level 2 Offenses as they relate to Tobacco Use and Penalties. The council discussed page 64 of the Student/Parent Handbook:

Level 2 Offenses
4. Use, possession or distribution of tobacco products, including, tobacco paraphernalia and/or e-cigarettes: and any component, part or accessory for an e-cigarette device.

Consequence
Students engaging in Serious Offenses may be suspended for up to three days and/or assigned to in-school suspension (Extension Center) for more than 10 days and up to the remainder of the school year unless the misconduct occurred during the last six weeks of the school year, in which case the student may be placed in in-school suspension at the beginning of the next school year. Students engaging in Serious Offenses may also be assigned to the DAEP. A second Serious Offense or succeeding violations of the Student Code of Conduct may lead to expulsion for students age 10 and older.

The discussion continued regarding the age of expulsion. Many of the council members felt strongly about the issue and wanted the district to revisit and review their current policies. Ms. Cline said that she would bring this topic to the attention of Dr. Lupita Hinojosa.
**Update: PE/Health Sub-committee**

Ms. Cline introduced the PE/Health Subcommittee. She informed the council that the subcommittee met on November 10th to discuss and evaluate the current PE/Health programs within Spring ISD using the School Health Index (SHI). Ms. Cline invited Ms. Lori Caroll, Physical Education Teacher, to provide an overview of their findings. Ms. Caroll provided each council member with a summary document outlining the results from the SHI which was evaluated by 26 PE teachers at their monthly meeting. Ms. Caroll began discussing each question item then with respect for time, she only discussed the concerns and areas that scored low. These areas are as follows:

**CC.7 Professional development in health education**

Do all teachers of health education participate at least once a year in professional development in health education?

- 3 = Yes, all do.
- 2 = Most do.
- 1 = Some do.
- 0 = None do, or no one teaches health education.

**SH.1 Essential topics to prevent HIV, other STD, and pregnancy**

Does your health education curriculum address all of these essential topics to prevent HIV, other STD and pregnancy?

- 3 = Yes, addresses all of these topics.
- 2 = Addresses most of these topics.
- 1 = Addresses some of these topics.
- 0 = Addresses one or none of these topics, or there is no health education curriculum.

**PA.7 Individualized physical activity and fitness plans**

Do students design and implement their own individualized physical activity and fitness plans as part of the physical education program? Do teachers of physical education provide ongoing feedback to students on progress in implementing their plans?

- 3 = Yes.
- 2 = Students design and implement their own individualized plans, but teachers provide only occasional feedback.
- 1 = Students design and implement their own individualized plans, but teachers provide no feedback.
- 0 = Students do not design and implement their own individualized plans, or there is no physical education program.

There was continued discussion about the lack of PD for PE teachers as well as Safety concerns and a lack of sidewalks in Spring ISD.

Trinity Crawford, a 5th grade student at Burchett ES and her mother, Rene Crawford joined the meeting. At this time Dr. Hinojosa was introduced to the council to respond to these concerns. Dr. Hinojosa began by thanking the parents and the council members for their continued support and she took the time to recognize and welcome our two students to the council. Dr. Hinojosa discussed the activity rule of 135 minutes and was confident that schools were in compliance with this mandate. Dr. Hinojosa then addressed the Sidewalk concern. She said that this has been a long standing issue between Spring ISD and the County and that Spring ISD is committed to the safety of their students.
Many council members remarked on this issue:
A student from Bammel MS was killed a few years ago, this is a very serious issue
My husband has written to precinct 3 explaining his concern, we need to do more
I tell my son to walk home each day, on the same path, and not to take short cuts
When it is muddy the kids have no other option but to walk on the streets
I am meeting with my parent’s tomorrow night to discuss this very topic
Kids don’t know how to walk home safely
Can we develop some guidelines that schools can use to talk to the students about this serious issue?

Dr. Hinojosa was committed to this cause and encouraged the council to make it a top priority as we move forward with our work this year.

**Update: Board Update Submission**
Ms Claudia Curda, SHAC-Co-Chair, provided the council members the Board Updates:

**2015-2016 School Health Advisory Council (SHAC)**
On October 28th 2015, Spring ISD “re set” the School Health Advisory Council (SHAC) Membership List. The SHAC nominated, voted and approved a new Co-Chair: Mrs. Claudia Curda whose children attend Twin Creeks Middle School. Mrs. Curda accepted the position and will lead the SHAC during the 2015-2016 school year. The SHAC will present their annual report to the Board of Trustees, as mandated by state law, in the spring of 2016.

**Suicide Prevention**
With respect for time Ms. Cline asked that each council member refer to HB 2186. She noted that this bill passed the House and the Senate and was a strong bill that passed and was in the process of being implemented. She asked that each council member review the bill at home as well as use the attached SHI to evaluate Module 6: School Counseling, Psychological and Social Services and be prepared to discuss at the next meeting.

Ms. Cline asked if there were any questions.

The meeting was adjourned at 5:07 pm.