

# Agenda

## Items

# Spring ISD SHAC Meeting

**DATE:** November 8, 2011

**TIME :** 6:00pm-7:30pm

**LOCATION:** Houston Northwest Medical Center

### 1. UT Program Update:

- Kimberly Johnson-Project Director from UT School of Public Health  
Kimberly discussed the program has begun this school year. She stated that the project includes over 10 school districts and includes 84 middle schools. 200 teachers from all areas have been trained, 20 teachers are from SISD. Some schools have started piloting the program and full implementation will begin in the spring. There is a parent orientation that is available for parents to attend but Kim was not sure if the SISD parents have started going. Will check with Tonya. Members asked that we receive updates regarding the program for every meeting.

Kenny discussed the district had many cutbacks and one of them was Tonya's position as Health & Wellness Coordinator so this position has been absorbed into the athletics dept. Coach Bell will be assisting him with these added duties.

### 2. Pregnancy Prevention Program

- Kenny Humphreys will review a pregnancy prevention program that has been proposed to SISD. Kenny handed out flyers that some counselors had been giving pregnant teens. The Pregnancy Assistance Center North stated they had been given permission by the SHAC to hand these out. We discussed how we had never seen these flyers and needed more information about the program before allowing students to receive this information. Coach Bell stated he would invite the program director, Cindy Powell to present information to our next meeting.

We also discussed what do counselors do once a student comes to them to tell them they are pregnant? What are the steps taken once this has been discussed? Dr. Campbell states once they come to her office she works with Arlinda Turner to get them back into school. We will invite her and the head of the school nurses to our next SHAC meeting.

### 3. Other Agenda Topics?

Discussed childhood obesity, recess and PE minutes. Discussed how kids must get 135 minutes And how schools are finding creative ways to meet these minutes as not all kids get PE every day. Discussed CATCH program and how not all teachers take time to teach the children. Some schools And teachers are better at doing it than others. Discussed how can we get CATCH more involved in All of the schools. We discussed how diabetes is addressed and how nurses are dealing with this Epidemic. Will invite school nurse to next SHAC meeting.

Discussed how Dr. Campbell and Dr. Garcia are seeing an increase in depression in kids. We Asked how SISD handles what they do when they think a kid is depressed. Discussed how they Have to report it but we wanted to know what the school nurses are doing. Will invite school nurse To next SHAC meeting.

### 4. Upcoming Meetings-Cali Conference Rooms 6-7:30 p.m.

- January 10, 2012
- March 6, 2012
- May 8, 2012