

Agenda

Spring ISD SHAC Meeting Minutes

Items

DATE: May 8, 2012

TIME : 6:00pm-7:30pm

LOCATION: Houston Northwest Medical Center

Attendees: Lori Carroll, Maria Garza, Crystal Goode, Kenny Humphries, Daniel Malone, Christie Tang, Sherry Moore, Jeanne Parker, Chelsea Wickson.

1. **SHAC Chairperson 2012-2013**

- Crystal Goode

Discussed to see if anyone else was interested in taking on the role of SHAC Chairperson. I am moving out of the district but will still work in the district so I can remain on for another year but was interesting in seeing if anyone wanted to take over this role. Nobody was interested at this time.

2. **Concussion Management/Steroid Testing**

- Kenny Humphries

Mr. Humphries discussed the concussion management protocol and how the schools have to be in compliance with House Bill 2038. We reviewed the process, how parents have to sign an acknowledgement for at the beginning of the season and the guidelines used.

Mr. Humphries also discussed the steroid testing process and how this is done at the schools. He discussed how every high school has a random selection and that every campus has a steroid committee. He also discussed the new Heat Guidelines that was implemented this year. PE classes, recess, and extra-curricular activities are guided by the actual heat index not the temperature. We also discussed how the kids have unrestricted access to water at all times.

3. **Obesity/Diabetes in our Schools**

- Jeannie Parker

Long discussion regarding obesity in our children today. Ms. Parker stated SISD currently doesn't measure obesity rates in the children. Discussed the importance of the CATCH program, everyone agreed it was an important and good program but the issue is it isn't being implemented like it is supposed to. We discussed how each school needs to appoint someone to oversight this much needed program. We also discussed how nurses are still having to do the state mandated scoliosis checks when this isn't as prevalent as obesity.

Discussed having Dr. Campbell and Dr. Garcia at the August 22nd health teacher/nurse inservice day. We will block our schedules and wait to hear the times that we can present information about obesity.

4. **Upcoming Meetings**

- TBD