

# Agenda

## Spring ISD SHAC Meeting

### Items

DATE: January 14, 2013

TIME : 6:00pm-7:00pm

LOCATION: Houston Northwest Medical Center

Attendees: Bruce Bell, Dalane Bouillion, Faunda Campbell, Lori Carroll, Shelly Copeland, Ralph Draper, Adriane Garcia, Maria Garza, Crystal Goode, Kenny Humphries, Sherry Moore, Tonya Richardson, Denise Swann, Christie Tang, Chelsea Wickson.

1. **"It's Your Game Update"**

- Tonya Richardson

Tonya gave us an update on the program. Discussed signs being placed around district by a Cy Fair parent not happy with "It's Your Game" program. So far no SISD parents have voiced concerns. The committee was still in agreement this is a needed program for our students.

2. **Catch Program Update**

- Lori Carroll

Dr. Garcia and Lori gave Dr. Draper an overview of the CATCH program. Discussed kickoff training was just completed last week. Kenny and Bruce stated they are looking at make-up sessions. They discussed how the CATCH program is not mandatory. Dr. Garcia voiced her concerns about the children in our area not getting educated enough about health eating choices. We discussed finding a way to reward the schools that were using the program. CATCH is on the campus improvement plan and we will discuss at the next meeting how to revitalize the program. Sherry discussed that diabetes has increased in the district.

3. **Houston/Harris County Childhood Obesity Prevention Collaborative**

- Chelsea Wickson

Chelsea showed a video from "Healthy Living Matters". Discussed the fitness gram process. In previous years all kids were tested and this year only kids in PE/Athletics will be tested. We discussed other measures that may be more effective in testing children's health levels.

Next Meeting Date: Monday, April 1<sup>st</sup>. We decided to continue this meeting one more time on-site at HNMC and future meetings will be brought back on campus somewhere in SISD.