

# Agenda

## Spring ISD SHAC Meeting Minutes

Items

DATE: September 24, 2013

TIME : 6:00pm-7:00pm

LOCATION: Spring ISD Admin. Building

Attendees: Willie Amendola, Chelsea Aitken, Shalia Anderson, Pam Callahan, Lori Carroll, Shelly Copeland, Amy Cranford, Claudia Curda, Steve Davis, Jon Dawkins, Curtis Flowers, Adriane Garcia, Maria Garza, Barbara Homer, Kenny Humphreys, Jenna Irvirie, Melanie Konarik, Jeff Lorin, Pam Love, Ivvanee Martinez, Jason Meade, Lynn Monypenny, Tonya Richardson, Lila Sanjuan, Kenneth Sides, Christie Tang, Joseph Temple, Pablo Turull, Kim Ziarico

Meeting started at 6:05 pm and everyone introduced themselves to each other. We had 10 parents in attendance (5 of which are also teachers). We encouraged more parent participation and asked attendees to encourage parents to be involved in the SHAC.

### 1. Purpose of SHAC (EHAA, Legal)

- Dalane Bouillion

Dalane opened the meeting by discussing the Texas Education code and SHAC purpose. Important topics will be discussed, policy and regulations regarding children of Spring ISD. We need to meet a minimum of four times a year, and parent attendance is important.

### 2. It's Your Game Update

- Tonya Richardson

Tonya is the grant coordinator for "It's Your Game". The grant will continue for two more years. 7<sup>th</sup> and 8<sup>th</sup> grade students participate in learning about peer pressure, pregnancy, health, and STD prevention. SHAC committee evaluated and approved curriculum at the start of the grant. This was the only evidence-based curriculum the SHAC reviewed. The program is implemented in five middle schools, Bammel is not participating. Claughton is the test school and using the regular health curriculum. The other test school is Wells and they will have the new curriculum. The district has two more years to continue the curriculum, next year Claughton will come on board. No questions were brought up or asked during this discussion.

### 3. PE Inservice Updates

- Willie Amendola

Willie discussed the recent PE inservice they had with all the teachers. They discussed heat related issues, recognition and prevention. They also discussed the SHAC committee and CATCH assessments. They surveyed schools and found every school participates in field day in all grade levels. This is a fun event and not competitive. Some schools have 7 events up to 22 events. Willie discussed how there is only

### 4. Student Wellness Policy

- Chelsea Aitken

Chelsea reviewed updates to the wellness policy (see attached). These updates included goals for nutrition education and physical activity. Discussed in the SHAC meeting who should be the designated official to be responsible for ensuring that each school complies with the student wellness policy. The SHAC committee agreed it should be the principal at each campus. This will be brought to the board for approval.

**5. Kids Fit Fest Outcome**

- Crystal Goode

Crystal discussed how the Kids Fit Fest was a great success. Over 150 kids in attendance. Great way to kick off the summer for the kids in the area. Most of the kids were from Spring and the ability to send flyer home in the school backpacks helped in participation.

Discussed how to increase participation for parents to join SHAC. Also discussed how we will begin looking for a new co-chair. The current co-chair, Crystal Goode, no longer has a child in the district but is supportive of SISD and would like to continue on the committee as a community member. Dalane will start looking for a new parent co-chair.

Next Meeting: December 3, 2013, Place: Houston Northwest Medical Center-New front lobby conference Rooms 1&2. Time: 6:00 pm

Meeting adjourned at 7:15pm.