

SHAC Minutes – October 26, 2016
Conference Room A/B
4:00 pm-5:00 pm

Ms. Cline, Director of Federal and State Programs, called the meeting to order at 4:03pm and reviewed the agenda.

The purpose of the meeting was stated:

1. To review the 2015 – 2016 Annual Report to Board
2. To discuss the PE/Health Subcommittee
3. To discuss mental health

Welcome and Introductions – Dr. Lupita Hinojosa, Chief Academic Officer

- Dr. Hinojosa welcomed everyone and asked everyone to introduce themselves
- Dr. Hinojosa thanked everyone for the work they do that impacts our children
- Subcommittees will be formed and will meet separately

Review of 2015 – 2016 Annual Report – Ms. Claudia Curda, Co-Chair

Claudia Curda, parent of Twin Creeks Middle School students, reviewed the Annual Report

- SHAC requirements were reviewed and discussed
- Re-set SHAC membership
 - There were 19 members last year and 23 members this current school year
 - Membership consists of parents, staff and community stakeholders
- Develop Mission Statement/Goals/Bylaws
 - As stated in the SHAC guide on pages 11 and 13, the committee must establish a mission statement, bylaws, and goals
 - We will create a subcommittee to complete the task if there's not enough time during this meeting
 - We will present these items for consideration at the SHAC meeting on November 30, 2016 to make a recommendation to the Board

PE/Health Subcommittee – Kelly Cline

- It is a state statute that this subcommittee exists
- This subcommittee will meet two times each school year
- Members include:
 - David Baxter, Principal of Dekaney High School
 - Ms. Wells, Parent
 - Armando Jacinto, Assistant Athletic Director
 - Jaidyn Gray, student at Beneke Elementary School, joined the group today
- This subcommittee will meet before the SHAC meeting on November 30, 2016 to review and answer the 31-question survey that is due on December 1, 2016

Mental Health

- Kelly Cline introduced module six of the School Health Index (SHI)
- The committee will answer the six question survey as a homework assignment
- Denise Zimmermann, Director of Guidance and Counseling, will evaluate this module with her counselors and present the findings to the group at the next meeting

Mental Health Presentation – Denise Zimmermann

- Denise Zimmermann presented information and showed a video entitled “Trauma vs Crisis” about mental health
- She stated that the District is in the process of implementing Lions Quest, a pro-health skills curriculum
- She distributed an article entitled “Why Schools Need to Be Trauma Informed” by Barbara Oehlberg, LCSW
- A parent asked how community members and other parents can get this information
- Denise stated she would prefer to bring in someone to facilitate to parents
- Dr. Hinojosa agreed that we need a parent awareness workshop
- Dr. Hinojosa stated that SHAC will create an articulated plan to address mental health rather than addressing issues as they arise
- Mrs. Vanecia Gray shared information about external agencies for partnership purposes and grant opportunities

SHAC Subcommittees

- PE
- Mental Health
- Bylaws

Closing – Dr. Hinojosa

- Dr. Hinojosa closed the meeting by thanking everyone and encouraging members to join a subcommittee

Attendance

- Please see sign in sheet

Next meeting: November 30, 2016 at 4:00pm

The meeting adjourned at 5:08 PM

The meeting summary was compiled by Tranita Carroll, SHAC Secretary and Parent Engagement Coordinator, reviewed by Kelly Cline, SHAC Co-Chair and Director of Federal and State Programs and approved by Dr. Lupita Hinojosa, SHAC District Lead and Chief Academic Officer on November 13, 2016.