

SHAC Minutes – April 5, 2017  
Conference Room A/B  
4:00 PM – 5:00 PM

Ms. Cline, Director of Federal and State Programs, called the meeting to order at 4:08 PM and reviewed the agenda.

The purposes of the meeting were stated:

1. To revisit/review the results of the School Health Index (SHI) Parent Engagement Module
2. To review the finalized Mental Health Quick Reference Guide
3. To review the Annual Report to the Board of Trustees

### **Welcome and Introductions – Dr. Lupita Hinojosa, Chief of School Leadership and Student Support Services, and Claudia Curda, Parent Co-Chair**

- Dr. Hinojosa welcomed everyone, praised the great work done by the committee this year, and thanked Claudia Curda for serving as Co-Chair of SHAC and participating on the district's boundary committee
  - Claudia Curda noted that of the 16,000 boundary surveys that were sent to the community, less than 1,000 were actually returned
- Dr. Hinojosa reminded everyone of tomorrow's board meeting and also stated that next year's focus will be on Family and Community Involvement, Module 8

### **Review SHI: Parent Engagement – Tranita Carroll, Parent Engagement Coordinator**

- Tranita Carroll reviewed Module 8 – Family and Community Involvement
- The district's Parent Advisory Council met to review and rate the district using the following criteria:
  - CC.1 – Communication with families
    - Does your school communicate with all families in a culturally- and linguistically-appropriate way, using a variety of communication methods, about school-sponsored activities and opportunities to participate in school health programs and other community-based health and safety programs?
    - Rating = 3
  - CC.2 – Effective parenting strategies
    - Does your school's family education program address all of the following effective parenting strategies?
    - Rating = 1
  - CC.3 – Family and community involvement in school decision making
    - Do families and other community members help with school decision making?
    - Rating = 3 (note: this rating received one more vote than rating 1 for this question)
  - CC.4 – Family and community volunteers
    - Does your school or district have a formal process to recruit, train, and involve family and other community members as volunteers to enrich school health and safety programs?
    - Rating = 3
  - CC.5 – Family involvement in learning at home
    - Does your school provide opportunities for family members to reinforce learning at home?
    - Rating = 3
  - CC.6 – Family and community access to school facilities

- Do family and community members have access to indoor and outdoor school facilities outside school hours to participate in or conduct health promotion and education programs?
- Rating = 3 (note: this rating received one more vote than rating 0 for this question)
- N.1 – Student and family involvement in the school meal programs and other foods and beverages sold, served and offered on school campuses
  - Do students and family members have opportunities to provide both suggestions for school meals and other foods and beverages sold, served and offered on school campus and feedback on the meal programs and other foods and beverages sold, served and offered on school campus?
  - Rating = 0
- Strengths
  - CC.1 – Communication with families
  - CC.3 – Family and community involvement in school decision making
  - CC.4 – Family and community volunteers
  - CC.5 – Family involvement in learning at home
- Weaknesses
  - CC.2 – Effective parenting strategies
  - CC.6 – Family and community access to school facilities
  - N.1 – Student and family involvement in the school meal programs
- Recommended actions to improve the school's scores
  - CC.2 – Effective parenting strategies
    - Increase parent workshops focusing on parenting strategies
    - Offer monthly parenting classes with consistency
    - Provide materials for monthly parenting classes
    - Create brochure listing resources for each topic
    - Offer incentives to those parents and their children who attend
    - Create online parenting modules for families to view at a time convenient for them
  - CC.6 – Family and community access to school facilities
    - Advertise accessibility to facility usage
    - Establish a Family Learning Center that will be open to parents who wish to earn their GED or research resources for continuing education
    - Designate the current stipend position of the Parent Engagement Liaison as a full time position so that staff member can operate a Family Learning Center full time
    - Allow parents to utilize the school computer labs with supervision
  - N.1 – Student and family involvement in the school meals program
    - Increase food tastings at school
    - Invite parents to sample foods at various or all campuses
    - Offer incentives for students who return the Free and Reduced Lunch application
    - Offer more opportunities for parents to provide feedback on school meals (surveys)
    - Host meetings with the district's dietitians
    - Create a student ambassador and parent ambassador who would promote nutrition and nutritional services at each school
    - Offer a cooking or nutrition class at all campuses
- Please see Module 8 handout for a detailed report

### **Mental Health SHI – Denise Zimmerman, Director of Guidance and Counseling**

- Denise Zimmerman presented the final version of the Mental Health Resource Guide that included the committee's recommendations proposed at the last meeting

### **Annual Report to Board – Dr. Lupita Hinojosa**

- Dr. Hinojosa will provide a summary of the work SHAC has done as well as present the Mental Health Resource Guide
- We are not making changes to policy or regulations, so we don't need board approval
- Next year we will request the board to approve a health class as a graduation requirement
- All committee members are invited to attend the board meeting
- Claudia Curda cannot attend the meeting, so Reagan Moscon, community representative, will participate in the presentation on her behalf

### **Remarks from Jeanne Parker, Director of Health and Medical Services**

- Nurse Parker provided information regarding health related events she has hosted and she provided a campus clinic activities report
  - Total school nurse visits for 2016 – 2017 = 227,884
- Please see the handout for more details

### **Closing – Kelly Cline**

- Article V of our by-laws state we serve a one-year term on SHAC
- This is considered the first year as this is the first year of establishing by-laws for SHAC

The meeting adjourned at 4:56 PM